

# Health and Social Care Scrutiny Commission

Thursday 20 July 2023  
7.00 pm  
160, Tooley Street, SE1 2QH

## Supplemental Agenda One

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4.	<b>Healthy Weight</b> Public Health will be providing the presentation enclosed.	1 - 23
5.	<b>Drugs and Alcohol</b> Public Health will be providing the presentation enclosed.	24 - 33
6.	<b>Work Programme</b>	34 - 41

#### Contact

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Date: 17 July 2023

# Healthy weight in Southwark

Health Improvement

Southwark Public Health Division

July 2023

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# We are working to increase opportunities for residents to be healthy and improve the obesogenic environment

## INTRODUCTION & BACKGROUND

**We have an obesity crisis in Southwark, which has a significant impact on our residents' health and wellbeing, our economy and our community as a whole.**

- Obesity is one of the five significant risk factors for premature death. Council and ICB strategies are focusing on addressing the 'Vital 5' factors of BMI, smoking, harmful drinking, blood pressure, and mental health and wellbeing.
- Southwark's Healthy Weight strategy adopts a whole systems approach, working with partners across the borough's healthy weight network to deliver effective prevention and treatment services and interventions.
- To address obesity we must not only focus on increasing the opportunities for residents to be healthy, through prevention and treatment services, but will also focus on improving the environments we work, study and grow up in

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# Southwark has high prevalence of childhood overweight and obesity compared to the rest of London and England

## CHILDHOOD OBESITY: KEY HEADLINES

### Prevalence of overweight and obesity has remained high, but relatively stable in recent years

- Children in Year 6 are twice as likely to be obese than children in Reception; but similarly as likely to be overweight.
- In 2021/22, 23% of Reception children were classed as having excess weight: overweight or obese, this rose to 44% for children in Year 6.
- The proportion of children who are overweight or obese has remained consistent over the past 10 years.
- Gender has little effect on weight status overall, however boys in Year 6 are more likely to be living with obesity compared to girls.
- Children from a black ethnic background are more likely to be living with obesity than those from a white ethnic background; children from Asian, mixed or other ethnic backgrounds fall in the middle
- Children living in the most deprived areas are more likely to be overweight or obese compared to those living in the least deprived areas

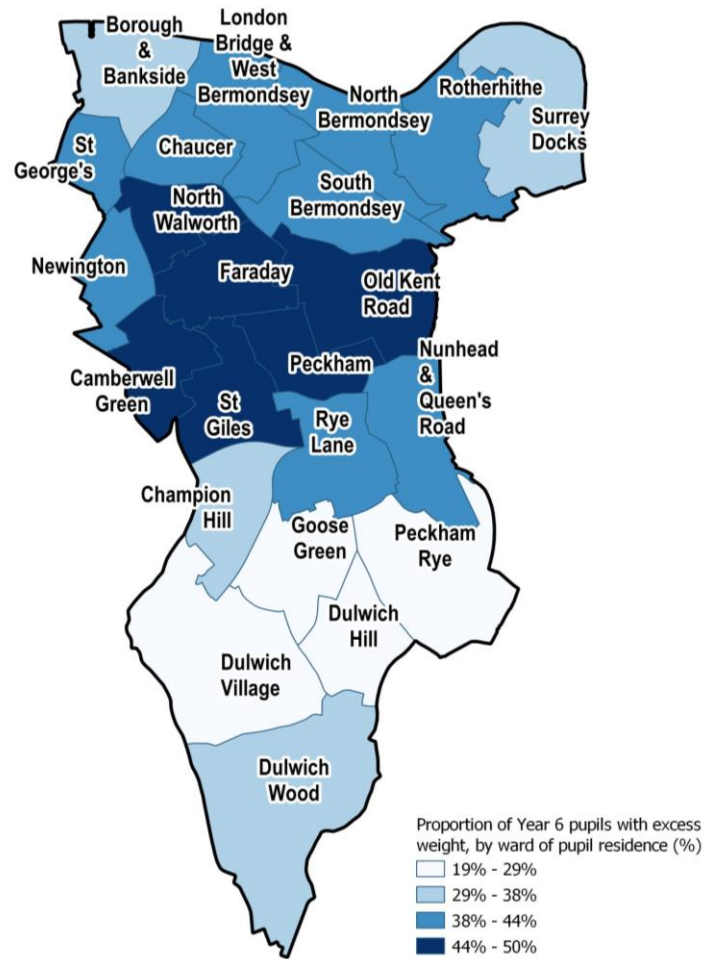
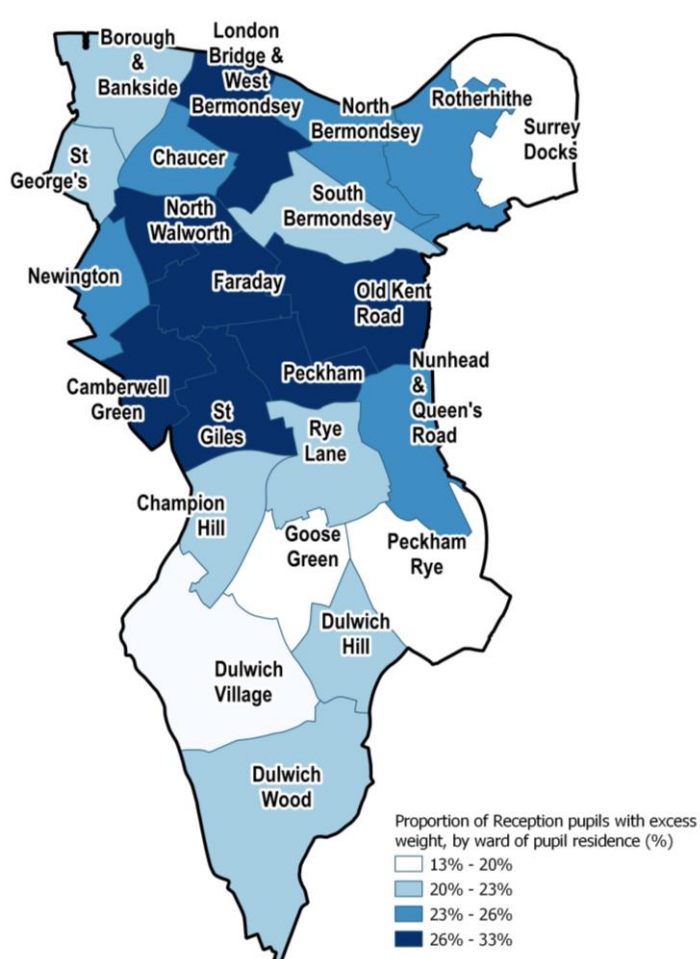
#### Reference

1. Public Health England (2018) National child measurement programme. Guidance for analysis and sharing.

# Wards in the centre and north of the borough see higher prevalence of excess weight in YR and Y6

## WARD OF PUPIL RESIDENCE: EXCESS WEIGHT

Figures 19 and 20: Maps of excess weight prevalence in Reception and Year 6 by ward of pupil residence.  
3 year data 2018-2022 (excl. 2020/21)



# Southwark has lower prevalence of adult overweight and obesity compared to London and England

## ADULT OBESITY: KEY HEADLINES

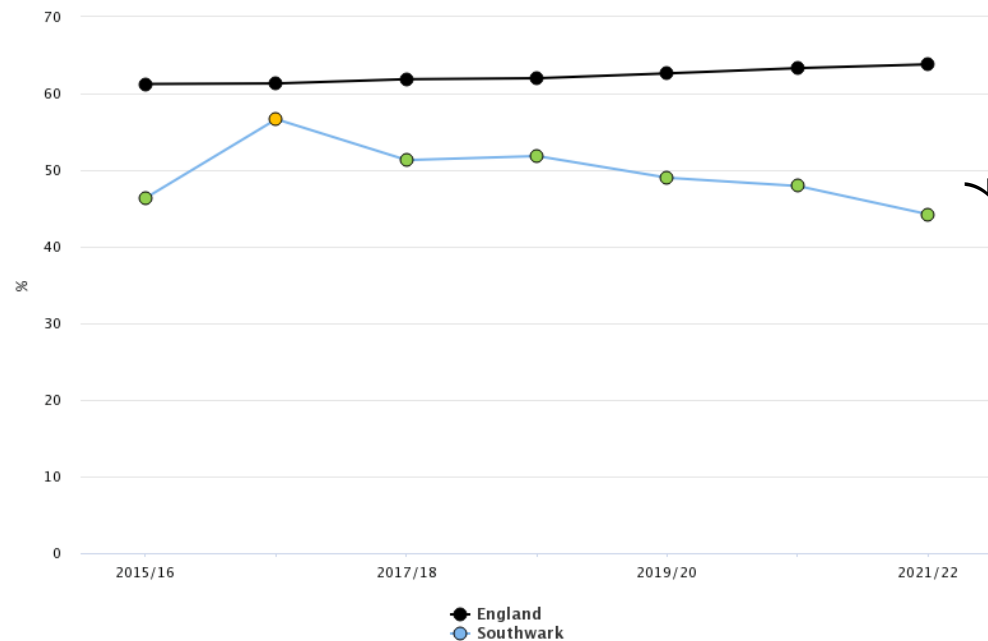
### Southwark has lower rates of excess weight and obesity in adults compared to the rest of London and England.

- In 2021/22, 44% of adults were classed as overweight or obese, compared to 63% nationally. In Southwark, the prevalence of excess weight amongst men aged 45 years and 74 years is the highest of any age group, at 78% of the population

### Rates of obesity during early pregnancy are lower in Southwark than London and England.

- In 2018/19, the proportion of pregnant women and birthing parents who have obesity (BMI  $\geq 30$ kg/m<sup>2</sup>) in early pregnancy in Southwark was 17%. This is lower than the London rate of 18% and national rate of 22%.<sup>1</sup>
- At present there is not enough data to identify trends over time or patterns at a local level.

Percentage of adults (aged 18 plus) classified as overweight or obese for Southwark



#### Reference

1. Public Health England (2021)
2. Graph: Office for Health Improvement and Disparities (based on the Active Lives Adult Survey, Sport England) (2021)



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# The 2022-2027 Healthy Weight strategy builds on the 2016-2021 strategy: Everybody's Business, and the work that has taken place regionally and nationally to reduce obesity.

## Healthy Weight Strategy 2022-27

Southwark's Healthy Weight Strategy is a partnership between Southwark Council and the South East London ICB (Southwark).

The strategy and action plan is also informed by comprehensive workshops and conversations with:

- Residents
- NHS colleagues and partners
- The Southwark Food Action Alliance
- Council colleagues, including from Transport, Early Help, planning and Leisure
- Local organisations and charities, including Guy's and St Thomas' Trust, Impact on Urban Health and Bite Back 2030

The strategy applies a whole systems approach, working with partners across the borough's healthy weight network to deliver effective prevention and treatment policies that aim to reduce inequalities and improve health.

### **We are actively working with SEL ICB on the Vital 5:**

- SEL Healthy Weight Action Plan
- Healthy Weight Promoting settings: Workplace action plan

# Obesity is determined by a complex interaction between individual characteristics, lifestyle and the physical, social and economic environment



## Reference

1. Image: Dahlgren, G. and Whitehead, M. (1993) Tackling inequalities in health: what can we learn from what has been tried?

# The strategy applies a whole systems approach, working with partners to address the obesogenic environment and inequalities



Reference

1. Image: NHS England Leading Change, Adding Value (2018) <https://www.slideshare.net/NHSEngland/8-march-1410-viv-bennett-95127483> n Slide 11

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# Five priority population groups have been identified as being at higher risk of obesity and health inequalities

## SOUTHWARK'S HEALTHY WEIGHT STRATEGY 2022-27

**Inequalities** within obesity rates in Southwark have informed the identification of the 5 population groups prioritised in this strategy:

1. Maternity and early years
2. Children and young people
3. Black, Asian and minority ethnic groups
4. People experiencing food insecurity
5. Men aged 45 years and above

# A set of ambitions have been developed for each priority group and are reviewed annually

## Five priority group ambitions

### Maternity and Early Years

- Increase the recording of weight and the knowledge and confidence of healthcare professionals in discussing healthy weight during pregnancy.
- Support all children's centres to adopt a healthy and culturally appropriate food policy.
- Work to implement the recommendations of the 1001 days needs assessment.

### Children and Young People

- Ensure that a minimum of 90% of schools serving meals that are compliant with the School Food Standards.
- Engage with secondary school pupils to gain greater insights into young people's experiences of healthy eating within the borough.
- Deliver insight led interventions and services over the course of the strategy that meet the needs of Southwark's young people.

### People experiencing food insecurity

- Increase the uptake of Healthy Start vouchers in Southwark from an average of 60% to 85%, exceeding the Mayor of London's uptake target (80%) for across the capital.
- Develop a nutritional tool for food hubs to improve the nutritional quality of food aid provision.

### Black, Asian and ethnic minority groups

- Review the accessibility of health interventions for black, Asian and minority ethnic groups and engage with residents to gain greater insights into how best to support black, Asian and minority ethnic groups.
- Increase the availability of health information within communities and in different languages
- Develop culturally appropriate and flexible services.

### Men over 45

- Engage with men over 45 years in Southwark to gain a greater understanding of support required, so that interventions and services can be insight led.
- Pilot three different weight management interventions for men over the age of 45 years, with alcohol advice included within all weight management programmes.
- Develop and target innovative online and digital health services to support programme uptake and adherence.

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# Progress to date and achievements



Over 6500 Free healthy school meals delivered



Over 600 signed up to Healthy Weight Training



35 stores involved in Good Food retail, with a 22% increase in healthier food stocked

Good Food for All Londoners 2022

Tracking council action on food



NCMP pathway review and over 300 children joining the Child weight management programme



12 schools involved in Fizz Free Feb 2023



Healthy Start take up increased from 57% (May 2022) to 67% (May 2023)

New fast food outlets restricted from opening within 400m of a school and Healthier Advertising policy



**SOUTHWARK**  
STANDS TOGETHER

Commissioned and developing a range of weight management services, including WW and programmes targeting men from black ethnic groups and Latin American people



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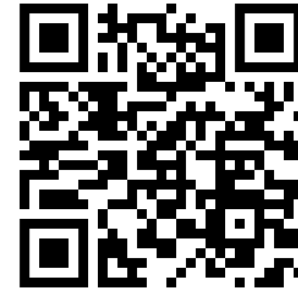
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**The Healthy Weight training aims to equip Councillors with the knowledge and ability to promote healthy weight and support residents to achieve better health.**

## **SOUTHWARK'S HEALTHY WEIGHT TRAINING**

Refreshed for this year, the 30 minute online training programme gives Councillors essential information on how obesity is affecting Southwark, the services available, why it is relevant to Councillors and what we can do about it.

**Log in here:** <https://learn.southwarkhealthyweight.com/>  
**Username:** *this is your southwark.gov.uk email address*  
**Password:** Southwark2023



*“Fascinating and really helpful, it is a worry, especially in the young... if I could go back and change my habits I would do it in a heartbeat.”*

**Find out more**

**Southwark's Healthy Weight Strategy:**

**[www.southwark.gov.uk/health-and-wellbeing/public-health/reports-and-strategies?chapter=4](http://www.southwark.gov.uk/health-and-wellbeing/public-health/reports-and-strategies?chapter=4)**

**Wider Determinants of Health fingertips**

**<https://www.youtube.com/embed/eF7ZstmCgVs>**

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# Healthy advertising policy in Southwark

## POLICY PRINCIPLES

- Advertisements of food and/or non-alcoholic drink products rated high in fat, salt or sugar (HFSS) are not permitted
  - This includes advertisements where there is a range of food/non-alcoholic drinks featured, and at least one is a non-HFSS product. For example, when promoting a meal within a restaurant or from a delivery service
  - All products within the advert need to be non-HFSS
- All food and non-alcoholic drink brands, service companies or ordering services can advertise providing it is their healthier options, consisting of non-HFSS products only
  - Brand only adverts must have healthy eating messages or promote non-HFSS products
- Advertisements cannot show or feature HFSS products 'incidentally', even if they are not the subject of the advertisement
  - This can include being referenced through text or graphic
  - Additionally, this includes any products that are not specifically identifiable but can still be assessed for a HFSS status
- All advertisements by manufacturers and distributors of alcohol will not be permitted

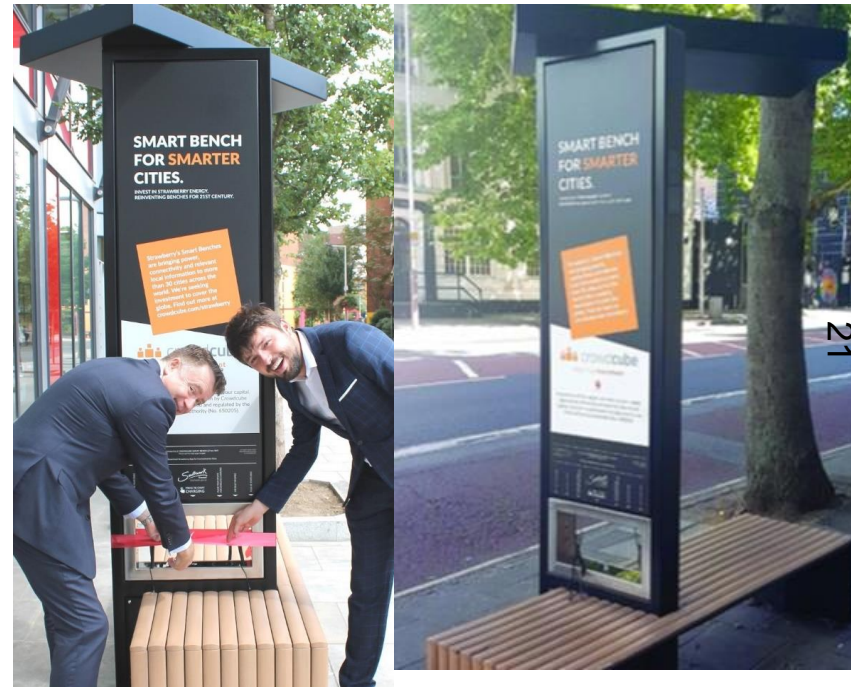
The **Nutrient Profiling Model (NPM)** is used to identify food and non-alcoholic drinks that are high in fast, salt or sugar (HFSS).

<https://www.southwark.gov.uk/assets/attach/9828/Advertising-policy.pdf>

# Southwark Council's advertising policy

## PROGRESS TO DATE

- Highways and Planning lead on ensuring implementation, with Public Health support
- All council sites are now compliant including digital boards, electronic displays, medium and large hoardings and smart solar-powered benches with charge-points for mobile devices, free Wi-Fi and sometimes even the opportunity to donate to charity via a contactless card.
- The benches also have the capacity to monitor air quality, through sensors that can also log temperature, humidity, noise and air pressure – with the results accessible in a downloadable app



# Convenience stores and wholesalers have seen sales of healthier products and wish to maintain engagement and momentum

## GOOD FOOD RETAIL PROJECT: OUTPUTS AND OUTCOMES

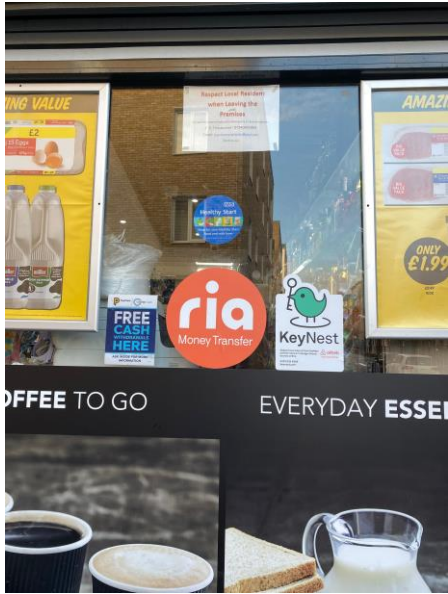
- Average 22% increase in availability of healthier options on shelf
- All retailers indicated that they intended to keep these products on shelf, and many said they would further grow their healthier range
- Wholesaler Bestway reported a nine-fold increase in sales of featured healthier lines during their trade day event in Lewisham. The event was supported by 13 key suppliers
- Bestway have introduced a national healthier promotion that runs throughout the year
- Supported the promotion and use of Healthy Start
- Demonstrates that convenience stores can be part of a strategic plan to improve access to healthier food in low-income areas



# Increasing awareness of the Healthy Start Scheme across the borough was one the top priorities from the action plan created in May 2022

## GOOD FOOD RETAIL PROJECT: HEALTHY START PROMOTION

In December 2022, Southwark Public Health worked with Rice Marketing to promote the HS Scheme within 35 local retailers who were involved in a project with Rice Marketing.





# Drugs and Alcohol

Southwark Public Health

July 2023

# Substance misuse is a key cause of morbidity and mortality in Southwark, as elsewhere in London and UK

## INTRODUCTION

**Both drug and alcohol misuse are important causes of death and poor health in Southwark. This makes substance misuse a pressing public health issue.**

- Drug and alcohol *misuse* (harmful use and dependence) negatively impacts the lives of people using the substances, as well as having a significant impact on the people around them, including their families, friends, communities and wider society.
- In 2021 there were 4,859 deaths related to drug poisoning in England and Wales – the highest number since records began [1].
- Alcohol misuse is the biggest risk factor for death, ill-health and disability among 15-49 year olds in the UK, and the fifth biggest risk factor across all ages (2). Alcohol is the fourth largest risk factor for death, ill health and disability in Southwark(3).
- The total societal costs to the UK economy associated with alcohol consumption have been estimated at levels between £21-£55bn [4].

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### References

[1] Deaths related to drug poisoning in England and Wales - Office for National Statistics ([ons.gov.uk](https://ons.gov.uk))

[2] Local Alcohol Profiles for England - OHID ([phe.org.uk](https://phe.org.uk))

[3] IHME 2019 Global burden of disease

[4] The costs of alcohol to society.docx ([ias.org.uk](https://ias.org.uk))

# The use of illicit drugs is associated with health harms including death, long-term conditions, and wider impacts

## DRUG RELATED HARMS

**In 2021-22 approximately 3 million adults in England and Wales used illegal drugs[1]. The associated health harms vary, according to the substance, the pattern of use, and the vulnerabilities of the user.**

- The UK has one of the highest rates of drug-related deaths in Europe, three times the European average. [2]
- Health impacts associated vary depending on the substance. They can include blood-borne viruses (associated with needle use), bacterial infections of soft tissue, depression and anxiety, severe mental illness, lung damage and cardiovascular disease [3]
- Families, friends and carers can also be impacted by resulting relationship difficulties, financial difficulties, and physical violence and abuse.
- In the UK (and Southwark), there is an ageing cohort of people who use drugs, particularly opioids, whose physical and mental health is declining through having lived with chronic conditions and risk factors for poor health for many years.

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### References

[1] [Drug misuse in England and Wales - Office for National Statistics \(ons.gov.uk\)](https://www.ons.gov.uk)

[2] [http://www.emcdda.europa.eu/system/files/publications/11364/20191724\\_TDAT19001ENN\\_PDF.pdf](http://www.emcdda.europa.eu/system/files/publications/11364/20191724_TDAT19001ENN_PDF.pdf)

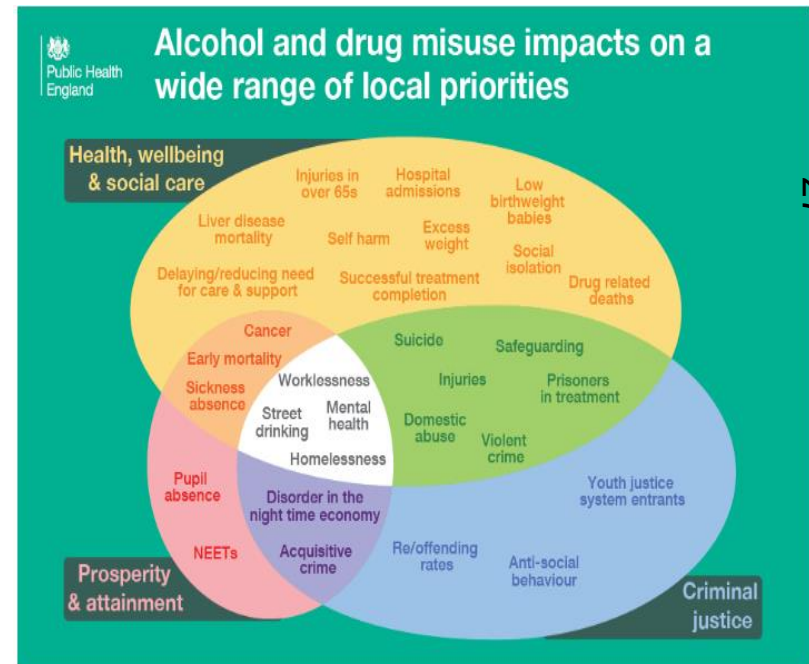
[3] [Misuse of illicit drugs and medicines: applying All Our Health - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

# Alcohol is a leading cause of ill-health and health inequalities, with alcohol-related harms worsening since the pandemic

## ALCOHOL-RELATED HARMS

**Alcohol misuse is now the leading risk factor for ill-health, early mortality and disability among 15-49 year olds in England, with alcohol and drug misuse impacting on a wide range of local policy priorities.**

- Alcohol misuse contributes (wholly or partially) to 200 health conditions, and a range of physical and mental illnesses, with many leading to hospital admission [1].
- Alcohol use can lead to acute alcohol intoxication, chronic diseases and death due to the toxic effect of alcohol misuse over time.
- In England, more than 10 million people consume alcohol at levels above the UK CMO's low-risk drinking guidelines, increasing their risk of developing alcohol-related ill-health (1)
- Since the start of the pandemic, rates of alcohol-specific deaths increased [2], and rates of heavy drinkers also increased [3].



### References

- [1] [Alcohol: applying All Our Health - GOV.UK \(www.gov.uk\)](https://www.gov.uk)  
 [2] [Monitoring alcohol consumption and harm during the COVID-19 pandemic \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)  
 [3] [The-COVID-Hangover-report-July-2022.pdf \(ias.org.uk\)](https://ias.org.uk)

# National rates of heavy alcohol consumption increased during the pandemic

## NATIONAL DATA – IMPACT OF PANDEMIC

**National evidence suggests that high-risk alcohol consumption increased during the pandemic, particularly among people in lower occupational social grades.**

- Prevalence of 'high risk drinking' (defined as AUDIT-C above score 5) increased sharply during the first COVID-19 lockdown, rising by 40%.
- The increase was sharper in routine and manual occupational groups[1].
- There is evidence of a “polarisation” of drinking: with those who previously drank heavily, drank more during the pandemic, whereas lighter drinkers drank less on average in the period.
- The higher rates of harmful drinking coincided with higher rates of harm. Nationally there was a 20% increase in alcohol specific deaths in 2020 compared to 2019 [2].

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### References

[1]The COVID Hangover report, Institute of Alcohol Studies. Jul 2022.

[2]Monitoring alcohol consumption and harm during the COVID-19 pandemic, GOV UK. Jul 2021.

# Alcohol-related harms in Southwark are high compared to London and England averages

## THE PICTURE IN SOUTHWARK: HEALTH BURDEN OF ALCOHOL MISUSE

### Rates of alcohol-related deaths and hospitalisations give an indication of harm from alcohol misuse.

- Alcohol-related deaths or admissions can be 'specific' to alcohol – such as acute alcohol poisoning, or 'related' to alcohol – such as the increased risk of cancers or CVD.
- There were 37 alcohol-specific deaths in Southwark in 2021, equivalent to 18 deaths per 100,000. This is higher than the London average of 11 deaths per 100,000.
- There were 82 alcohol-related deaths in 2021, equivalent to 42 deaths per 100,000. This was higher than the London average, at 33 per 100,000.
- There were 2,141 admissions per 100,000 for alcohol-related conditions. Rates of admission for both specific and related conditions were significantly higher than the London and England average.

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Figure 1: Deaths per 100,000 population, 2021

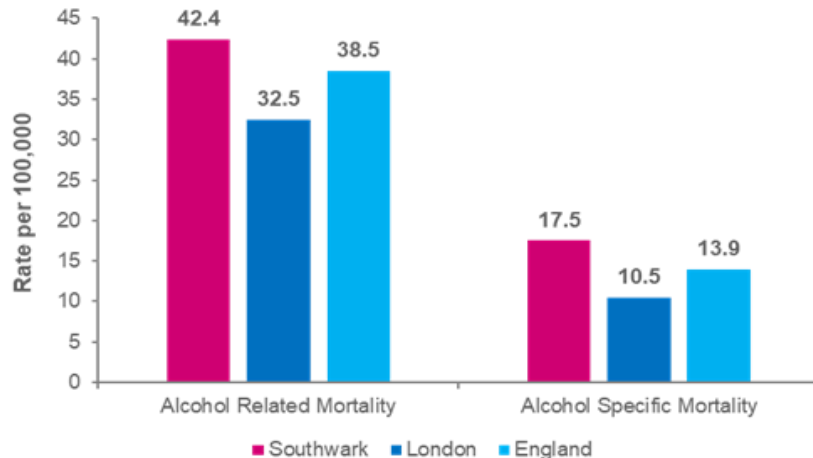
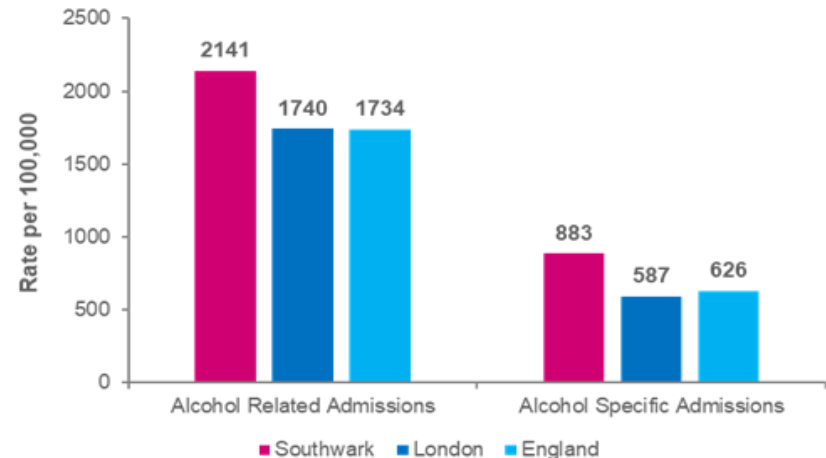


Figure 2: Hospital admissions per 100,000 population, 2021/22



### References

- [1] ONS Deaths Register, OHID Fingertips Tool. Data for 2021.  
 [2] Hospital admissions related to alcohol, OHID Fingertips Tool. Data for 2021/22

# There are a number of vulnerabilities that increase the risk of substance misuse among young people

## TREATMENT

Young people often enter specialist substance misuse services with a range of problems or vulnerabilities related to (or in addition to) their substance use (Figure 3).

- These include:
  - Using multiple substances (poly-drug use)
  - Having a mental health treatment need
  - Being a looked after child
  - Not being in education, employment or training (NEET).

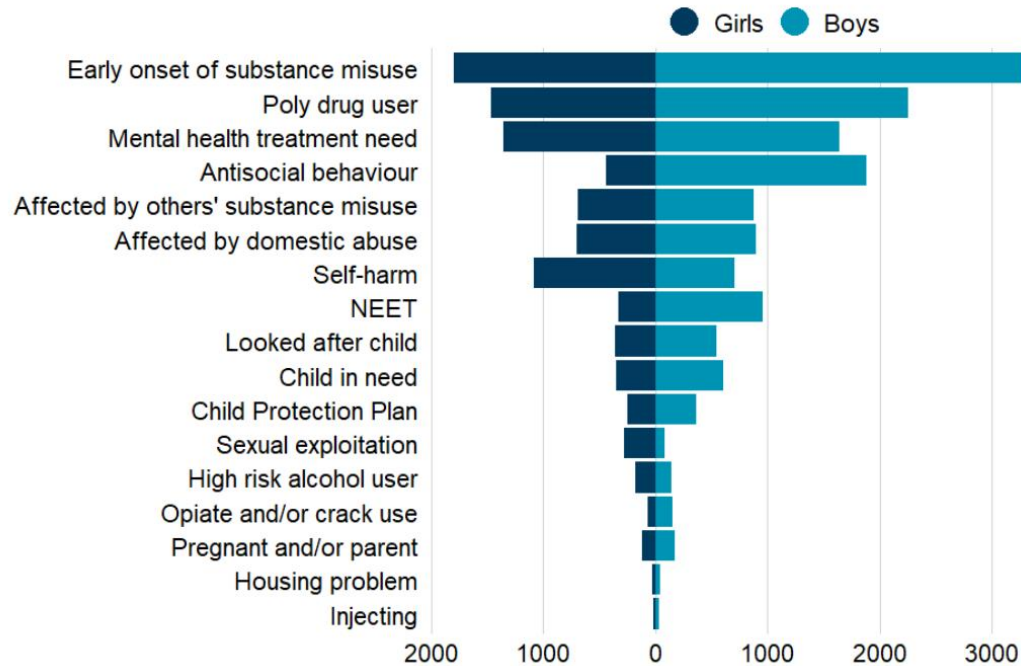


Figure 3. Vulnerabilities among young people starting treatment in England 2020-21

### References

[1] Young people's substance misuse treatment statistics 2020 to 2021: report - GOV.UK ([www.gov.uk](http://www.gov.uk))

# Local authorities commission substance misuse treatment services

## DRUG AND ALCOHOL SERVICE COMMISSIONING

**As a result of the Health and Social Care Act 2012, the strategic responsibility for commissioning drug and alcohol treatment services was transferred to Local Authorities.**

- In Southwark, the Drug and Alcohol Action Team (DAAT) commissions and monitors drug and alcohol treatment services.
- From 2022-2025, additional funding has been made available to Local Authorities to improve drug and alcohol treatment and recovery systems and services. In addition, Southwark received 'enhanced funding' based on level of need. [1]
- Additionally, through their community safety functions, local authorities and their partners have an important role in disrupting supply chains and tackling drug-related crime.

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### References

[1] [Extra funding for drug and alcohol treatment: 2022 to 2023 - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

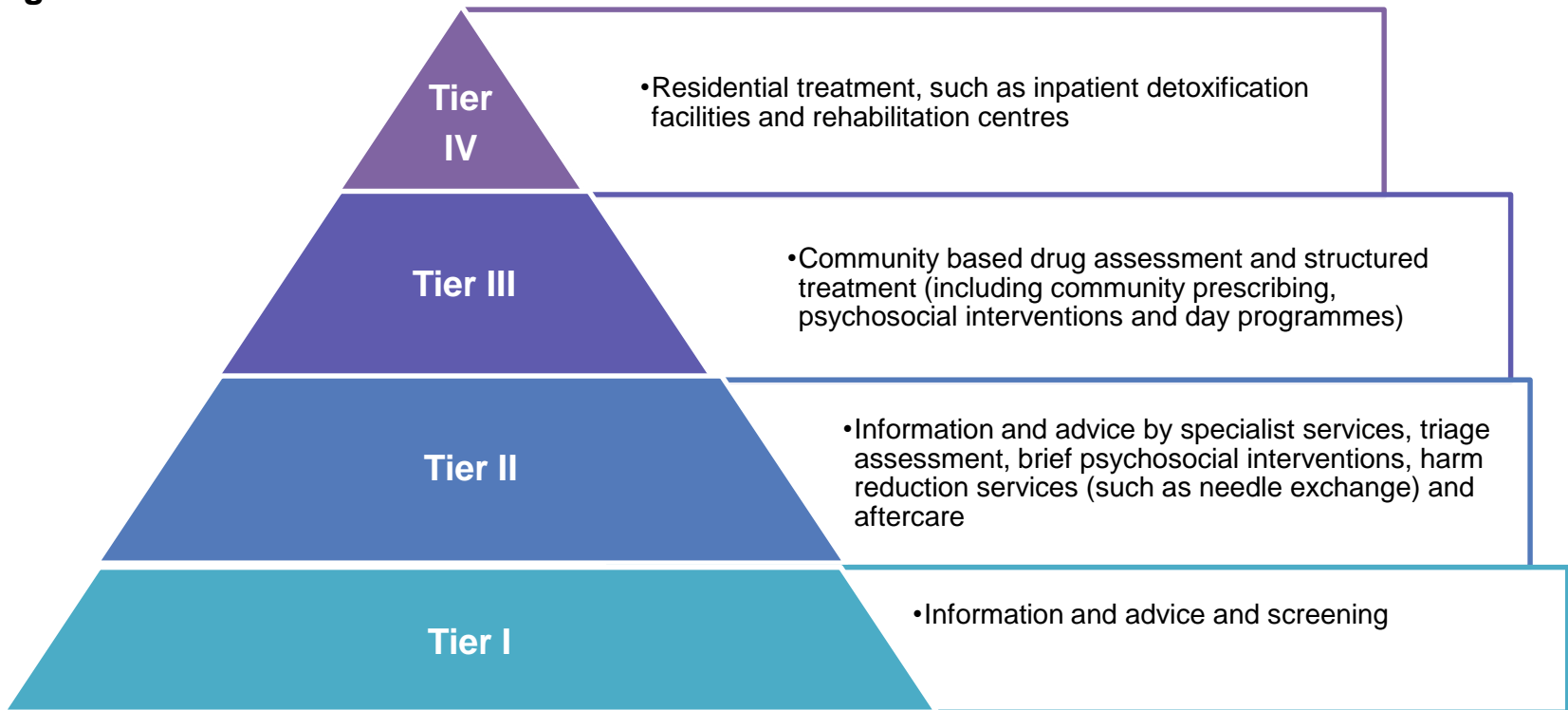
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# A number of services in Southwark are commissioned to deliver all aspects of treatment and/or prevention

## THE SOUTHWARK RESPONSE

Southwark's alcohol and drug treatment is delivered over a tier based system with each tier offering different levels of provision. Smaller numbers of people require more intensive levels of drug treatment.



# A Combatting Drugs Partnership has been developed in Southwark

## CURRENT WORK

**The 2021 Government drugs strategy sets out the need for local areas to work on treatment, harm-reduction initiatives and tackling drug-related crime.**

- The strategy has three main aims which build on the domains of the 2017 drug strategy: breaking drug supply chains; delivering a world-class treatment and recovery system; achieving a generational shift in demand for drugs.
- The strategy also includes harm-reduction initiatives and clearly identifies drug misuse as a public health, as well as a criminal justice issue.

### **Southwark has established a local Combatting Drugs Partnership**

- Guidance for local areas set out the requirement to establish local Combatting Drugs Partnerships (CDPs), which will collectively lead on all three domains of the drug strategy at local level.
- The Southwark Combatting Drugs Partnership meets regularly and has been developing programmes of work to align with the aims of the national drugs strategy

**Partnership Southwark will be undertaking a Deep Dive into alcohol across Southwark to understand gaps and opportunities to address issues as a partnership.**

- Alcohol is one of five components of the 'Vital 5' which are a key focus of the Live Well group within Partnership Southwark
- This deep dive into alcohol will inform actions to address issues identified

### **Licensing**

- On 25 November 2020, the Council Assembly approved the Southwark Statement of Licensing Policy 2021-2026

#### References:

[1] From harm to hope: A 10-year drugs plan to cut crime and save lives - GOV.UK ([www.gov.uk](http://www.gov.uk))

[2] Guidance for local delivery partners (accessible version) - GOV.UK ([www.gov.uk](http://www.gov.uk))

<b>Item No.</b> 12	<b>Classification:</b> Open	<b>Date:</b> 20 July 2024	<b>Meeting Name:</b> Health & Social Care Scrutiny Commission
<b>Report title:</b>		Health & Social Care Scrutiny Commission Work Programme 2023 - 24	
<b>Ward(s) or groups affected:</b>		N/a	
<b>From:</b>		Julie Timbrell, Project Manager, scrutiny.	

## RECOMMENDATIONS

1. That the Health & Social Care Scrutiny Commission note the work programme as attached as Appendix 1 Work Programme, and review scopes in appendices A and B.
2. That the Health & Social Care Scrutiny Commission consider the addition of new items or allocation of previously identified items to specific meeting dates of the commission.

## BACKGROUND INFORMATION

3. The general terms of reference of the scrutiny commissions are set out in the council's constitution (overview and scrutiny procedure rules - paragraph 5). The constitution states that:

Within their terms of reference, all scrutiny committees/commissions will:

- a) review and scrutinise decisions made or actions taken in connection with the discharge of any of the council's functions
- b) review and scrutinise the decisions made by and performance of the cabinet and council officers both in relation to individual decisions and over time in areas covered by its terms of reference
- c) review and scrutinise the performance of the council in relation to its policy objectives, performance targets and/or particular service areas
- d) question members of the cabinet and officers about their decisions and performance, whether generally in comparison with service plans and targets over a period of time, or in relation to particular decisions, initiatives or projects and about their views on issues and proposals affecting the area

- e) assist council assembly and the cabinet in the development of its budget and policy framework by in-depth analysis of policy issues
  - f) make reports and recommendations to the cabinet and or council assembly arising from the outcome of the scrutiny process
  - g) consider any matter affecting the area or its inhabitants
  - h) liaise with other external organisations operating in the area, whether national, regional or local, to ensure that the interests of local people are enhanced by collaborative working
  - i) review and scrutinise the performance of other public bodies in the area and invite reports from them by requesting them to address the scrutiny committee and local people about their activities and performance
  - j) conduct research and consultation on the analysis of policy issues and possible options
  - k) question and gather evidence from any other person (with their consent)
  - l) consider and implement mechanisms to encourage and enhance community participation in the scrutiny process and in the development of policy options
  - m) conclude inquiries promptly and normally within six months
4. The work programme document lists those items which have been or are to be considered in line with the commission's terms of reference.

#### **KEY ISSUES FOR CONSIDERATION**

- 5. Set out in Appendix 1 (Work Programme) are the issues the Health & Social Care Scrutiny Commission is considering in 2023- 24.
- 6. The work programme is a standing item on the Health & Social Care Scrutiny Commission agenda and enables the commission to consider, monitor and plan issues for consideration at each meeting.

## BACKGROUND DOCUMENTS

Background Papers	Held At	Contact
Health & Social Care Scrutiny Commission agenda and minutes	Southwark Council Website	Julie Timbrell Project Manager
Link: <a href="https://moderngov.southwark.gov.uk/ieListMeetings.aspx?Committeeld=518">https://moderngov.southwark.gov.uk/ieListMeetings.aspx?Committeeld=518</a>		

## APPENDICES

No.	Title
Appendix 1	Work Programme 2023-24
Appendix A	Review: Access to Toilets
Appendix B	Review: Adult Safeguarding – how can this be defined to better protect vulnerable adults, carers and paid staff?

## AUDIT TRAIL

<b>Lead Officer</b>	Everton Roberts, Head of Scrutiny	
<b>Report Author</b>	Julie Timbrell, Project Manager, Scrutiny.	
<b>Version</b>	Final	
<b>Dated</b>	17 July 2023	
<b>Key Decision?</b>	No	
<b>CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER</b>		
<b>Officer Title</b>	<b>Comments Sought</b>	<b>Comments Included</b>
Director of Law and Governance	No	No
Strategic Director of Finance and Governance	No	No
<b>Cabinet Member</b>	No	No
<b>Date final report sent to Scrutiny Team</b>	17 July 2023	

## Health and Social Care Scrutiny Commission

### Work programme 2023/24

#### Reviews and topics

- Review: access to toilets - with reference to concerns that limited provision is particular impacting older people's mobility
- Review: Adult Safeguarding – how can this be defined to better protect vulnerable adults, carers and paid staff?
- Topic: Access to dentists
- Topic: Blue page application process and criteria for award
- Topic: Southwark's Drug and Alcohol Strategy and Southwark's Healthy weight strategy 2022-27
- Topic: Pain management clinic – with reference to sufficient provision , back pain and arthritis

#### Standing items

- Interview with the Independent Chair of the Southwark Safeguarding Adults Board (SSAB). The Safeguarding Adults Board is a multi-agency partnership which has statutory functions under the Care Act 2014. The main role of Southwark Safeguarding Adults Board (SSAB) is to ensure that local safeguarding arrangements work effectively so that adults at risk due to health needs, social care needs or disabilities are able to live their lives free of abuse or neglect.

#### Interview Cabinet member/s

- Cabinet Member for Health and Wellbeing

**Dates**

<b>Health &amp; Social Care Scrutiny Commission</b>	<b>Date</b>	<b>Work Programme</b>
Meeting 1	Wednesday 20 July	<ul style="list-style-type: none"> <li>• Work-planning</li> </ul> Topic: <ul style="list-style-type: none"> <li>• Southwark's Drug and Alcohol Strategy</li> <li>• Southwark's Healthy weight strategy 2022-27</li> </ul>
Meeting 2	Tuesday 19 September	Cabinet report back on: <ul style="list-style-type: none"> <li>• Care Contributions</li> <li>• Access to Medical Appointments</li> </ul> Healthwatch Annual report presentation
Meeting 3	Wednesday 15 November	
Meeting 4	Monday 5 February	
Meeting 5	Monday 15 April	

## **Scrutiny review scoping proposal**

- 1                    **What is the review?**  
  
                         **Access to Toilets**
  
- 2                    **What outcomes could realistically be achieved?  
Which agency does the review seek to influence?**  
  
                         A Southwark Toilet Strategy
  
- 3                    **When should the review be carried out/completed? i.e.  
does the review need to take place before/after a certain time?**  
  
                         Completed by 2024
  
- 4                    **What format would suit this review? (eg full  
investigation, q&a with executive member/partners,  
public meeting, one-off session)**
  
- 5                    **What are some of the key issues that you would like  
the review to look at?**  
  
                         Understanding the impact limited provision is having  
                         on older people's mobility and other groups, such as  
                         disabled people  
  
                         Developing a council toilet strategy
  
- 6                    **Who would you like to receive evidence and advice  
from during the review?**  
  
                         GLA    <https://www.london.gov.uk/press-releases/assembly/the-toilet-paper-improving-londons-loos>  
  
                         Age    UK    <https://www.ageuk.org.uk/bp->



[assets/globalassets/london/campaigns/out-and-about/london-loos-in-focus---local-authority-toilet-strategies.pdf](#)

Tinkle <https://tinkle.rca.ac.uk/resource/1179/>

7 **Any suggestions for background information? Are you aware of any best practice on this topic?**

**Background:**

**Southwark Community Toilet scheme**

<https://www.southwark.gov.uk/business/join-the-community-toilet-scheme>

**Map of Toilets**

<https://www.southwark.gov.uk/environment/public-toilets>

**July Council Assembly Question:**

“QUESTION TO THE LEADER OF THE COUNCIL FROM COUNCILLOR MARIA LINFORTH-HALL

According to the Southwark council’s website, the council currently maintains around 30 public toilets across the borough, but the map is not up to date, with some appearing on it having since closed. Groups such as Age UK, the Royal Society for Public Health, and the Campaign for Public Infrastructure have highlighted the crucial need for these facilities both for vulnerable groups and the wider public benefit.

Better provision of public toilets provides convenience to all, but significantly helps to provide dignity for those with chronic illnesses, as well as the elderly and pregnant people. By providing greater access to public spaces, this also serves to boost local businesses and markets, as more people will have confidence to leave the house for extended periods of time without worrying about such basic needs as toilet access.

1. In which team, in which department, does the responsibility for toilets sit within the council?
2. Will the council commit to increasing the number of public toilets?
3. Why has the programme to proactively approach

businesses for the community toilet scheme not been re-started after covid?

#### RESPONSE

Within the council there are several teams that have responsibility for different elements of public toilet provision. These include waste and cleansing, the Local Economy Team and parks and leisure. The council does provide public access to toilets, but the greatest number of toilets are in commercial buildings and businesses. We therefore work with business owners to maximise the number of toilets that are made available for public use, and will continue to do so. We particularly support the increase in toilets which are fully accessible under the accredited Changing Places scheme. These provide larger than average facilities for adults and children where privacy and dignity can be maintained for individuals (and their carers if relevant). In addition to the Changing Places provision that was installed for public use in the Castle Leisure Centre, a Changing Places toilet has just been installed in Peckham Pulse Leisure Centre. The new Canada Water Leisure Centre will also have a Changing Places facility, and installation of a further Changing Places facility is in progress in Dulwich Park. Toilets are an essential feature of our streets, public buildings and parks, making life comfortable for our residents when travelling and working across the borough. We continue to review public toilet provision and consider new areas where there is need.”

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#### **What approaches could be useful for gathering evidence? What can be done outside committee meetings?**

e.g. verbal or written submissions, site visits, mystery-shopping, service observation, meeting with stakeholders, survey, consultation event

## Health & Social Care Scrutiny Commission

**MUNICIPAL YEAR 2023-24**

### AGENDA DISTRIBUTION LIST (OPEN)

**NOTE:** Original held by Scrutiny Team; all amendments/queries to Julie.Timbrell@southwark.gov.uk

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Councillor David Watson			
Councillor Victor Chamberlain			
Non Voting Co-opted places			
		<b>Total: 11</b>	
		<b>Dated: January 2023</b>	